

The first part of personal development is an attitude. Attitude is the way we see the world.

How do we develop an excellent attitude? It takes Practice!

“Your Attitude determines your altitude in life.” That’s my saying (M.L. Hussain)

“Whatever the mind of man can conceive and believe it can achieve.” That’s Think and Grow Rich by (Napoleon Hill) get that book if you are starting out in personal development. It’s the core of personal development

Change your situation’s attitude. Then change your life for the better.

Attitude is the precursor to amazing success.

Thank you

Life is a continuous process

Life is a daily practice

You grow through life ups and downs

You learn and grow or (Add) make more mistakes and grow faster

There is no supercomputer like the human brain

It’s never been done

Learn and grow

The next topic is goals

We all have goals Said or unsaid. Written or unwritten

We have to set goals to reach them in the fastest time possible.

Many authors have written about goals like Brian Tracy Jim Rohn and earl nightingale

John Goddard set ambitious goals as a child and reached the better part of those goals.

Check out his website www.johngoddard.info

As Brian Tracy said be Smart specific measurable attainable realistic timely

If you need more information, contact me

Sales

Another part of PD that we want to work on

Sales and dating

You have to prospect, present and follow up

You have to put your best self and effort forward first

You have less than a minute to make an impact

Show and tell why spending time with you is better than anyone else

Read the many books on sales to learn and conquer the art of selling

Action

The key to unlocking your potential

Action is the bottom line

Action is what drives us in success in high gear

The opposite is also true too. That no action will keep you where you are now. IS this really where you want to be If yes, keep going on course. If no take bold new action

In some cases, bad action is better than inaction. For the sake of learning

Learning from books is wise learning from others is smart learning from your experience is bittersweet

Sometimes better not to do nothing

Leadership

When is a win not a win when it's a loss

It's a matter a of humility

Its own course

Mistakes

Lead to the promise

Learn from your mistakes then profit from them.

Mistakes are growth opportunities. Times of challenges you learn who you are. Are mistakes really mistakes or learning opportunities. If you learn from a mistake, is it really a mistake.

Time is the only asset we have. It can neither saved or collected but recalled

To invest your time is a matter of the heart

It's the most valuable asset you have

The joys and sorrows of time

Writing

The importance of writing

Writing is your best companion

Keep a journal and document your interests thought and ideas

The gm2

Thinking

Think is the highest form activity

A little thinking a day can make your way

Customer service

The greatest pitfall of the modern era

Covid and the rules

Civil service

Is the highest calling in life

Serving others is the path to peace and financial security

Civic engagement is meaningful and rewarding

Working well with others

Innovation

Is the life force of capitalism

Talk about your experience in capitalism

Try again

Winners never quit

Dig deep

Eternal optimists part pessimists

Marketing slide for business teachings

Campaigns

No promos

Growth

Grow and learn and

Books are filled with ideas and answers to your questions

Facilitator

Open minds Let in better ideas

Where the opportunities

Opportunities are on the other side of success

Areas for improvement

Health is wealth

Good friends

Wisdom what is wisdom Socrates? Paradox I thing

Skip the heart

Live in the truth and speak the truth that's the key to wisdom

Unconventional knowledge

Reading

Audiobooks

Videos

Games

Jack of all or master of one

Master takes time patience and

Fieldwork

Be the best

Go one more overtime

Planning

Why are plans being important

What are your plans?

Do you have one

It could be a good idea

History

Family history

World and societies history

Write your past accept your present choose your future

Values

Values are our ethics and beliefs where do they come from

Integrity

Take words and make them your own

Take cases and reinsert USSC cases

Patience

Is the key to success to lasting success and longevity

Just last a little longer

Basketball

Writing

Kickboxing

Speaking

Rethink

Rethink your current beliefs and attitudes and habits

I am a teacher

Teach

Teaching as a learning method

Be a tree planter

Lead by example and give credit to others

There not thinking about you

Winning formula

vision

do you have an original vision

fake it til you make it

get organized with a planner

personal development ideas

10 years after you have conquered 1 and mut

Network building
Friendships
Relationships
Soulmate

What are the truths that I live by?
Why are they truths

Be cheerful

Laugh

The importance of solitude
Focusing the mind
Self-care

Accomplishment
The ultimate motivator
Gives you a sense of self worth

Compare and contrast

Technology
Incremental improvements

Imagination
Imagination is all we have
Sofa building forts
Conceive your dreams

Teamwork

Work with people that are better than you

Marry the best person that makes you your personal best

Invest in R and D
Time
Growth
Improve existing ideas or products
Build skills abilities and expertise

New angle thinking)

Think in new ways nonlinear thinking

Love unconditionally sort and organize to the top

Separate

NSA

Love thy neighbor

Dreams dream big dreams

Just like baker's yeast it will rise

Courage is the first virtue

In closing

Thank you for listening

Find things that interests you for personal development

Take a few topics and build these principles as a guideline for approaching life